

All Meals include 1% or Low-Fat Chocolate Milk. Lactose Free available by Request.

January 2026

Richland County Senior Dining



Monday	Tuesday	Wednesday	Thursday	Friday
			1 CLOSED Happy New Year!	2 Baked Cod Baked Potato w/Sour Cream Baby Carrots Pears WW Roll
5 Hamburger Stroganoff Green Beans Peach Crisp	6 Lasagna Italian Blend Vegetables Tropical Fruit Salad Garlic Bread Stick	7 Grilled Chicken Breast w/Sauce Rice Pilaf w/Lentils Swiss Spinach Pineapple Slaw	8 Ring Bologna Mac-N-Cheese Peas & Carrots Fresh Fruit	9 Tuna Casserole California Blend Vegetables 5-Cup Fruit Salad
12 Cheeseburger Casserole Pea's Fruit Cup Cookie	13 Roast Pork Loin Scalloped Potatoes Squash Spiced Apple Rings WW Roll	14 Meatloaf Mashed Potatoes w/Gravy Carrot Coins Peaches WW Roll	15 Baked Chicken Stuffing w/Gravy Broccoli Cranberry Fruit Fluff	16 Sloppy Joe on a WW Bun Roasted Potatoes Baked Beans Mandarin Oranges
19 CLOSED Martin Luther King Day	20 Chicken Chow Mein Brown Rice Chow Mein Noodles Pineapple Chunks Fortune Cookie	21 Hamburger Steak Mushroom Gravy Mashed Potatoes Green Beans BB Brownie WW Roll	22 Pot Roast Roasted Root Vegetables Baby Carrots Pear Halves WW Roll	23 Baked Cod w/Tartar Sauce Sweet Potatoes Broccoli Spears Chunky Applesauce WW Roll
26 Scalloped Potatoes & Ham California Blend Mandarin Oranges WW Roll	27 Polish Sausage w/Kraut Creamed Baby Potatoes Calico Beans Carrot Cake WW Roll	28 Chicken Cordon Bleu Rice Pilaf w/Vegetables Baby Carrots Fruited Yogurt	29 Spaghetti w/Meatballs Italian Blend Vegetables Apricot Halves Garlic Toast	30 Tater Tot Casserole w/Green Beans Hot Beets Ceasar Salad w/Dressing WW Roll

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact and thus cannot offer a substitution item.

Richland County Meal Sites

Germantown 608-983-2786 or 608-983-2798
 Richland Center 608-647-2323
 Rockbridge 608-649-3269 or 608-647-3900

Meals subject to change on occasion without notice.
 ADRC 608-647-4616 or 877-794-2372

Reservation Required please call 1 business day prior.

